

DAA

Boston

Dementia Action Alliance



Dementia Directory of Service for Boston

Outline of services available in Boston and surrounding area November 2016

Name Of Service	Service Offered	Address	Contact Name	Contact Details	When
Adult Care	Adult Social Care is responsible for ensuring the most vulnerable adults in our community and their informal carers are safeguarded and provided with support to meet their needs.	County Offices Newland Lincoln LN1 1YL	Lincolnshire County Council Adult Care	01522 782155 csc_socialcare@lincolnshire.gov.uk	
Adults Supporting Adults	Adults Supporting Adults provide community services for people over the age of 18 years who have a learning or physical disability, sensory impairment, lived experience of mental illness or people with dementia and who require support to live in the community. Services also include respite for carers.	Railton House Sleaford Business Park Sleaford NG34 7EQ	Adults Supporting Adults	01529 416270 enquiries@asaorg.co.uk www.asaorg.co.uk	
Age Care Advice	Provides help, advice and support including: financial advice, carers assessments and a personal care co-ordinator. The service is offered to people with dementia.	Countywide	Simon Jessop	01476 552137 agecareadvice@gmail.com www.agecareadvice.co.uk	
Age UK Boston and South Holland	Provide information and advice to the elderly. Also organises Luncheon Clubs at Boston College and a telephone befriending service as well as a number of 'HUB' activities.	Age UK Boston & South Holland William Garfitt House 116 High Street Boston PE21 8TG	Age UK Boston and South Holland	01205 364161 admin@ageukbsh.org.uk www.ageuk.org.uk/bostonandsouthholland	
Age UK Boston and South Holland Coffee Shop	A coffee shop held by Age UK for elderly people to meet up, socialise and receive information and advice.	Age UK Boston & South Holland William Garfitt House 116 High Street Boston PE21 8TG	Age UK Boston and South Holland	01205 364161 admin@ageukbsh.org.uk www.ageuk.org.uk/bostonandsouthholland	Every 2 nd and Last Wednesday
Age UK Boston and South Holland Home Support Service	A service offering help with domestic chores throughout East and West Lindsey. The service also includes a Sitting Service, Gardening and home maintenance. (does not included personal care)	Age UK Boston & South Holland William Garfitt House 116 High Street Boston PE21 8TG	Age UK Boston and South Holland	01205 364161 admin@ageukbsh.org.uk www.ageuk.org.uk/bostonandsouthholland	
Alzheimer's Society	Alzheimer's society provide information for all aspects of dementia and offer a national dementia helpline for anyone that may be effected by dementia.	Nationwide	Alzheimer's Society	0300 222 11 22 Enquiries@alzheimers.org.uk www.alzheimers.org.uk	

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Alzheimer's Society Lincolnshire Dementia Family Support Service	The family support service offers advice and support to people with dementia and their Carers. Formal diagnosis is required for referral into the service.	Countywide Service	Alzheimer's Society	01522 692681 lincolnshireDFSS@alzheimers.org.uk www.alzheimers.org.uk	
Alzheimer's Society Dementia Cafe Boston	A support group for people with dementia and their Carers that provides information about living with dementia and other services available locally in an informal and comfortable environment. It is also a place to relax, socialise and meet other people with dementia and their carers.	Len Medlock Centre St. Georges Road Boston PE21 8YB	Nike Ajewole	01522 692681 Lincoln@alzheimers.org.uk www.alzheimers.org.uk nike.ajewole@alzheimers.org.uk	1 st and 3 rd Wednesday 10.00pm – 12.00pm
Books on Prescription	This service provides 25 titles specifically focused on dementia, recommended by health experts and people who have first-hand experience. GPs and other health professionals can recommend the books to people, or the titles are available for anyone to borrow for free from their local library.			reading-well.org.uk readingwell@readingagency.org.uk	
Boston Alzheimer's Carers Group	Dementia support group that meet up once a week. Warm and friendly environment, carers and cared for welcome.	Boston Body Hub Unit 2 20 Wide Bargate Boston PE21 6RF	Hugh Mackay	01205 351254 mackay.06@btinternet.com	Alternate Thursdays 2.00pm – 4.00pm
Boston and District Cruse Bereavement Care	The service offers the opportunity to have 6 weeks of one to one support with a Bereavement Volunteer to explore grief and emotions after a loss. This is available in your own home or at the offices.	Cruse Bereavement Care The Butterfly Hospice Rowan Way Boston PE21 9DH	Cruse Bereavement Care	01205 357396 boston@cruse.org.uk	
Boston Body Hub Yester Club	A Dementia friendly and over 60's club offering a chance to reminisce, sing along, gentle exercise and feel less isolated, promoting Living with Dementia.	Boston Body Hub Unit 2 20 Wide Bargate Boston PE21 6RF	Debra O'Neill	07801 900003 01205 837172 enquiries@bostonbodyhub.co.uk	Wed, 2.00pm – 4.00pm
Boston Body Hub Seated Exercise Sessions	A seated exercise session to 1960's music. All are welcome. Sessions cost £2.50, Carers enter for free.	Boston Body Hub Unit 2 20 Wide Bargate Boston PE21 6RF	Debra O'Neill	07801 900003 01205 837172 enquiries@bostonbodyhub.co.uk	Tuesdays and Thursdays 10.00am – 10.300pm

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Boston Body Hub Art for Relaxation Sessions	Art sessions aimed at helping people to relax. Sessions are £5.00 per person.	Boston Body Hub Unit 2 20 Wide Bargate Boston PE21 6RF	Debra O'Neill	07801 900003 01205 837172 enquiries@bostonbodyhub.co.uk	By Arrangement
Boston Citizens Advice Bureau	The Citizens Advice service offers practical, up-to-date information and advice on a wide range of topics, including: debt, benefits, housing, legal, discrimination, employment, immigration, consumer and other problems.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Citizens Advice Bureau	0344 411 1444	
Boston Health Walks	Boston Health Walks is an outdoor walking group. Carers and cared for welcome. Walks take place at a number of times in the week.	Geoff Moulder Leisure Complex Rowley Road PE21 6JE	Frances Taylor	01205 354320 07798611124 frances.taylor@boston.gov.uk	Multiple times a week
Boston Lions	Boston Lions are an internationally recognised organisation that are community centred. Members attend regular social events and are welcomed as part of a supportive community.	Queen of Spades Wellington Road Boston PE21 ONX	Nick Graves	08458331452 nickgraves1976@tiscali.ci.uk	2 nd & 4 th Wednesday from 8 pm onwards
Boston Lions Message In a Bottle Scheme	The Lions Message In a Bottle scheme is a simple idea designed to encourage people to keep their personal and medical details on a standard form and in a common location - the Fridge. Message in a bottle is a free service.		Nick Graves	08458331452 nickgraves1976@tiscali.ci.uk	
Boston Mayflower	Boston Mayflower provide support services that cater for a range of needs - such as for older tenants and residents and support for victims of domestic abuse.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Boston Mayflower	03003655000 mail@bostonmayflower.org.uk	
Boston Mayflower Community Support Service	Provides practical support with cooking, cleaning, basic household projects and getting out and about. Prices vary based on assessment.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Boston Mayflower	03003655000 care@bostonmayflower.org.uk	
Boston Mayflower Lifeline Service	Boston Mayflower Lifeline Services offers an array of services and products to help people go about their day-to-day activities in Lincolnshire without worrying about their safety.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Boston Mayflower	03003655000 telecareteam@bostonmayflower.org.uk	

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Boston Mayflower Warden Service	Boston Mayflower warden services help people to maintain independence by offering regular wellbeing checks, an emergency response service and day-to-day practical support. Prices vary based on assessment. Number of visits are based on assessment of need.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Boston Mayflower	03003655000 care@bostonmayflower.org.uk	
Boston Memory Music	Boston Memory Music is a social group that meet up once a week free of charge for carers and cared for. The focus is on singing songs as a group to help reduce isolation and to increase confidence for both carers and cared for.	Mayfields Broadfield Care Broadfield Lane Boston PE21 8GH	Jane George	01522 829013 janeann.george@btinternet.com	1 st and 3 rd Mondays 2.30pm
British Red Cross First Call Service	British Red Cross first call service provides short term practical and emotional support at home for up to 12 weeks to help people regain their independence. They can also provide Mobility aids and therapy services such as home massages.	Unity House 22 Tollemache Road (South) Spittlegate Level Grantham NG31 7UH Countywide Service	First Call Lincolnshire	0345 054 7171 firstcall@redcross.org.uk	
Butterfly Hospice	The Butterfly Hospice cares for people with life limiting illnesses. Patients are admitted for the relief of difficult symptoms, along with psychological, social or spiritual support and rehabilitation. The hospice provides care for people at the end of life, when care cannot be given in any other setting, and the patient chooses to come to the hospice.	Rowan Way Boston Lincolnshire PE21 9DH	The Butterfly Hospice	01205 311222 enquiries@butterflyhospice.org.uk	
Care and Wellbeing Hub	Lincolnshire County Council is the first point of contact for all referrals and general enquiries regarding support for Carers. Contact the Care and Wellbeing Hub if you would like to enquire about carers assessments or information and advice for carers.	Countywide	Carer and Wellbeing Hub	01522 782224 carersservice@lincolnshire.gov.uk	

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Carers First	Provide emotional and practical support, advice, information, guidance and offer statutory carers assessments, training, events, social groups, short break respite, activities trips and more.	Countywide	Carers First	03003 031555 info@carersfirst.org.uk www.carersfirst.org.uk	
Caring Companions	A support group for carers and former carers of people with dementia. The group meet up at a number of locations for lunch throughout the month.	The Pallants Main Road Wrangle Boston PE22 9AG	Alan Taylor	01205 871465 alanandaudrey@fsmail.net	Every 3 rd Monday
Caring Companions 'Pop In'	An opportunity for any carers to stop by, have a chat and a warm drink.	Pensioner House Mitre Ln Boston PE21 6EB	Alan Taylor	01205 871465 alanandaudrey@fsmail.net	Thursdays 1.30pm – 3.30pm
Centrepoint Outreach	Centrepoint Outreach is an organisation that works with and for homeless and vulnerable people, with social and economic needs from all walks of life.	Belmont House 15 Red Lion Street Boston PE21 6PZ	Liz Hopkins	01205 360900 elizabeth@centrepoint- outreach.com	
Community Car Scheme	Accessible door to door service for those unable to access existing forms of transport and have no alternative transport available due to there being no service available, age or frailty, disability or need for assistance.	Len Medlock Voluntary Centre Boston Area Service	Community Transport	01205 360183 bostoncommunitycarscheme@ gmail.com	Monday – Thursdays 9.00 a.m. – 12 noon
Co-op Medicine Use Review	Lincolnshire Co-operative offer a free NHS Medicines Use Review to patients taking two or more regular medicines. Patients can contact their local pharmacist.	Countywide	N/A	Please contact your local Co-op pharmacy	
Crisis Resolution and Home Treatment Team – Lincolnshire Partnership Foundation Trust	If you or someone you know is experiencing a mental health crisis and is at risk of having to go to hospital because of it, the crisis resolution and home treatment team will try and prevent this happening. If you have not been seen by the mental health service before, you must be seen by a GP first, who can refer you.	Department of Psychiatry Boston Pilgrim Hospital Sibsey Road Boston PE11 9QS	Crisis Resolution and Home Treatment Team	01205 446868	

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Dementia UK – Admiral Nursing Direct	Dementia UK provides Admiral Nurses - specialist dementia nurses who give expert, practical and emotional care and support for family carers, as well as the person with dementia. Admiral Nurses also provide families with an understanding of dementia and give them the skills to deal with challenges effectively, whilst also providing psychological support to help family carers to carry on caring for their family member. They can also provide referrals to other appropriate services.	Countywide	Admiral Nursing Direct	0800 888 6678 info@dementiauk.org	
Every-One	Support for carers and also the person they care for and within the context of the family, friends and community that helps them too	No. 5 The Stables Wellingore Hall Wellingore Lincoln LN5 0HU	Every-One	01522 811582 hello@every-one.org.uk	
The Gardens Residential Home	A residential care home that caters for people with dementia. Also provides a day care and respite service.	88 Sleaford Road Boston PE21 8EY	Vicky Barty	01205 359797	
The Georgians Care Home	A residential and nursing care home that caters for people with dementia.	50 Wide Bargate Boston PE21 6RY	The Georgians Ltd	01205 364111 richard@thegeorgians.co.uk	
Healthwatch Lincolnshire	Healthwatch Lincolnshire can put you in touch with other organisations who might be able to help you with a health, social care or advocacy service.	Healthwatch Lincolnshire Unit 12 1-2 North End Swineshead Boston PE20 3LR	Healthwatch Lincolnshire	01205 820892 info@healthwatchlincolnshire.co.uk www.healthwatch.co.uk	
Here-4-U	A friendly and informal support group for carers and their cared for that offers the chance to meet for a cup of tea, have a game of pool, cards or dominoes and simply enjoy a chat with other members.	WI Hall, Park Road Holbeach PE12 7EE	Rita Mitchell	01775 421290 mitchell1@sky.com	Second and last Monday 10.00am – 3.30pm
Hunters Creek Care Home	A residential care home that caters for people with dementia.	130 London Road Boston Lincolnshire PE21 7HB	TanglewoodCarehomes	01205 358034 enquiries@hunterscreekcarehome.co.uk	

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Lincoln Centre for Grief and Loss	A free service that provides counselling, support and training for people experiencing all forms of bereavement.	19 Carlton Mews The Carlton Centre Lincoln LN2 4FJ	Lincoln Centre for Grief and Loss	Tel: 01522 546168 Fax: 01522 546172 email@lclg.org.uk	
Lincolnshire Fire and Rescue Home Safety Check	A Home Safety Check is carried out by the local Fire and Rescue Service who can visit homes, and carry out safety inspections for free. People may also be eligible for free fire alarms.	Grantham fire station Harlaxton Road Grantham NG31 7SG	Community Fire Safety Team	01476 565441 01522 580397 HFSC@lincoln.fire-uk.org	
Lincolnshire Home Independence Agency	Countywide Charity dedicated to helping those in need of support remain independent in their own homes. Service provided is free home improvements, repairs and adaptations. Labour is free however materials may incur a cost.	Suite 3 Saracen House Crusader Road City Office Park Tritton Road Lincoln LN6 7AS	Lincolnshire Home Independence Agency	01522 516300 info@lincshia.org	
Lincolnshire Rural Support Network	LRSN provides pastoral and practical support to farming and rural people during periods of anxiety, stress and problems relating to their families and businesses. Also provides mental Health Screening/ Support	Countywide	Alison Twiddy	0800 138 1710 alison.twiddy@lrsn.co.uk www.lrsn.co.uk	
Manor Gate Care Home	A residential care home that caters for people with dementia. Services include day care and respite.	190 Causeway Wyberton Boston PE21 7BS	Manor Gate Care Home Heidi Potts Manager	01205 366260 manorgate@hotmail.co.uk	
Meadows Edge Care Home	Meadows Edge Care Home provides a range of specialist nursing including a specialist Dementia Unit which caters for Alzheimer's, Vascular dementia, Lewy bodies dementia and Picks disease. Provides short or long term care.	Wyberton West Road, Boston Lincolnshire PE21 7JU	Meadows Edge Care Home Carolyn Andrews Manager	01205 353271 www.meadowsedge.co.uk	
Memory Lane Creative Sessions	Free creative sessions for people with early stage dementia and their carers.	Mayfields Broadfield Ln Boston PE21 8DY	Telecare Support Team	03003655000 memorylane@bostonmayflower.org.uk	2 nd and 4 th Wednesday 10.00am – 12.00pm

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Memory Lane Day Care Service	Day Care Service for people living with dementia	Mayfields Broadfield Lane Boston PE21 8DY	Telecare Support Team	03003655000 memorylane@bostonmayflowe r.org.uk	1 st and 3 rd Thursday 10 am – 4 pm
Message In a Bottle Scheme	The Lions Message In a Bottle scheme is a simple idea designed to encourage people to keep their personal and medical details on a standard form and in a common location - the Fridge. Message in a bottle is a free service.	The Queen of Spades Wellington Road Boston PE21 0NX	Nick Graves	08458331452 nickgraves1976@tiscali.co.uk	
Minstrels Residential Care Home	A residential care home that cater for people with dementia.	Main Road, Wrangle, Boston PE22 9AJ	Minstrels Residential Care Home Jane Goodwin Manager	01205 870910 minstrels@btconnect.com	
The Old Rectory Care Home	The Old Rectory care home provides personal care for clients whose needs are associated with the ageing process, physical disabilities and mental health including dementia. The home also offers intermediate care to clients attempting to return home after a hospital stay.	The Old Rectory Main Road Stickney PE22 8AY	Sarah Trafford	01205 480885	
Pegasus – Lincolnshire Police	Pegasus is a PIN number database which has been designed to enable people in the community who may have difficulty using a telephone to access Lincolnshire Polices' Emergency services.	Pegasus Community Safety Department Lincolnshire Police Headquarters PO Box 999 Lincoln LN5 7PH	N/A	text phone: 01522 558263 Text 07761911287 999 – In Emergency 101 – Non-emergency mir.fcr@lincs.pnn.police.uk www.lincs.police.uk/contact-us/contacting-us-if-you-have-access-needs	
Penderels Trust	Penderels Trust aims to support adults and children who receive a direct payment in the county to get the most out of their personal budgets.	Countywide	Penderels Trust	01526 833803 lincolnshire@penderelstrust.org.uk www.penderelstrust.org.uk	
Pohwer	Pohwer is a NHS complaints advocacy service. Pohwer will support anyone to make a complaint about the NHS service.	Countywide	Pohwer	0300 4562370 pohwer@pohwer.net	

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Ralphland Home Care	Home Care and Support Agency. Provide specialist care to older people in their own homes, including for those diagnosed with dementia. Services are organised to suit personal needs and offer companionship, with respite services also available to help carers with the challenges they face.	Ralphs Lane Frampton West Boston PE20 1QU	Jan Pragnall	01205 722332	
Rethink Advice And Information Service	The Rethink Mental Illness Advice Service offers practical help on issues such as the Mental Health Act, community care, welfare benefits, debt, criminal justice and carers' rights. They also offer general help on living with mental illness, medication, care and treatment.	Nationwide	Rethink	0300 5000 927 www.rethink.org/	Monday – Friday 9.30 am – 4 pm
Skirkbeck Court Care Home – The Orders of St John Care Trust	Skirkbeck Court is purpose built for residential care of older people. Skirkbeck court can provide both long and short term care, as well as day care and flexible support to assist carers during times of crisis.	55A Spilsby Road Boston PE21 9NU	The Orders of St John Care Trust	01205 361444 manager@osjctlinco.co.uk	
St Barnabas Day Hospice	St Barnabas day therapy service is a free service that welcomes anyone over the age of 18 who has a life limiting illness, through cancer or non-cancer and aims to support them to live independently, give advice and information and help them to make informed choices about their future care.	Green Lane Boston PE21 9NB	St Barnabas	01205 359367 01522 518209 (Lincoln Office) enquiries@stbarnabashospice.co.uk www.stbarnabashospice.co.uk	Thursdays
St Barnabas Family Support Service	Family Support Service is a free service providing emotional and psychological support to patients, their families and carers, together with support for those who have experienced bereavement.	Countywide	St Barnabas	01522 518225 or 01522 518200 enquiries@stbarnabashospice.co.uk www.stbarnabashospice.co.uk	

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St Barnabas Hospice at Home	Hospice at Home is a countywide, free service for people with an advanced, life limiting illness who choose to be cared for in their own home, operating 7 days a week.	Countywide	St Barnabas	01205 359367 01522 518222 (Lincoln Office) enquiries@stbarnabashospice.co.uk www.stbarnabashospice.co.uk	7 Days a week
St Johns Nursing Home	A nursing care home that cater for people with dementia.	White House Lane Fishtoft Boston PE21 0BE	St Johns Nursing Home	01205 366059 lifelinesstjohns@gmail.com	
Telecare Lincolnshire	TeleCare can be used to support older people, those with long term conditions, disabilities or mental health worries. TeleCare can tell when there is an emergency in someone's home and when they need assistance. TeleCare uses a range of sensors either worn by the individual or placed in the home that can alert the local monitoring centre 24 hours a day at a cost of 36p per week.	Countywide	Telecare	01522 782140	
Walnut Care At Home	Home Care and Support Agency that can be booked on a short or long term basis, and may be funded with help from Lincolnshire Social Services or the NHS. Alternatively services can be purchased privately, or by using self-directed support funding. Experienced in dementia care.	Walnut Cottage Langrick Boston PE22 7AP	Walnut Care Ltd	01205 280101 info@walnutcare.co.uk	
Wellbeing Service	The Wellbeing Service is designed to promote confidence in living independently. Following assessment, the range of services offered are handholding support (generic support), simple aids to daily living, minor adaptations, Telecare, 24 hour responder, monitoring of Telecare alarm and signposting.	Countywide	Wellbeing Service	01522 782140	

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Wellbeing Service - Home From Hospital	Home Safe is a transport and resettling service for people returning home from a hospital stay. It is designed for people who do not have family or friends who are able to help.	Countywide	Wellbeing Service	01522 782140	
Welfare Community Services	St Barnabas provides information of social security benefits available to claim dependant on eligibility.	Countywide	St Barnabas	01476 513544	
White Gables Nursing Home	A nursing care home that cater for people with dementia.	White Gables Nursing Home 21 Willington Road Kirton Boston PE20 1EP	White Gables Nursing Home	01205 723874 whitegables21@btinternet.com	
Willoughby Grange Care Home Boston	A care home that provides a number of services for people with dementia including: Nursing care, residential care, respite and palliative care.	Willoughby Road Boston PE21 9EG	Willoughby Grange Nursing Home	01205 357836 willoughby.grange@fshc.co.uk	
Woodlands Court Care Home	A care home that provides a number of services for people with dementia including: Nursing care, residential care, respite, day care and palliative care.	Woodlands Court Boston Road Kirton PE20 1DS	Amanda Perrins Manager	01205 723355 admin@woodlandscourt.org	
Vauxhall Court Care Home	A residential care home that cater for people with dementia and provide day care and respite.	Freiston Road Boston PE21 0JW	Henrietta Encarnacion Manager	01205 354911 vauxhallcourt2@gmail.com	
Young Dementia UK	Young Dementia UK runs a national website providing information specifically for people aged under 65 with dementia and their family and friends.	PO Box 315 Whitney Oxfordshire OX28 1ZN	Young Dementia UK	01993 776295 www.youngdementia.org web@youngdementiauk.org	

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Every effort has been made to ensure that the content of this directory is accurate at the time of issue. However Boston Dementia Action Alliance don't accept liability for any third party information of service provision.

The inclusion of organisations, services and contact details is for information purposes and does not constitute endorsement of any kind by Boston Dementia Action Alliance or the organisations supporting the publication.

This directory is intended to be a guide only, it is not intended as a substitute for independent/expert advice; always consult a qualified professional about your own care or the person you care for.

If you would like your service to appear in this directory or you have a concern then please contact:

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