
CARERS & EMPLOYMENT

TIPS FOR CARERS & EMPLOYERS

Do you deal with the challenges of what may seem
two jobs; one paid and one unpaid
and meeting the needs of them both?

*Supporting unpaid, family carers and employers to
work together.*

www.every-one.org.uk/services/employment



HOW EMPLOYERS CAN SUPPORT WORKING CARERS

- ❖ Create and support an in house Carers network
- ❖ Do what's morally right and common sense
- ❖ Talk and listen to their employees who are carers
- ❖ Flexible and remote working practices—Options for tele-working or working from home
- ❖ Join Employers for Carers
- ❖ Provide practical support, advice, information and training
- ❖ Be “Carer Aware”
- ❖ Provide peer support and mentoring
- ❖ Work place support: carers leave, flexible leave, emergency leave, parental leave, careers breaks
- ❖ Create a specific Carers Policy
- ❖ Signpost and refer to the Carers Support Service
- ❖ Offer carers access to health and well-being support initiatives
- ❖ Find and deploy high profile company Carers' Champion
- ❖ Give support when your caring role comes to an end
- ❖ Carer passport outlining agreed arrangements for individual carers
- ❖ Help non carers better understand what it is like to be a carer
- ❖ Adopt carer proof HR policies and practices
- ❖ Take part in the Lincolnshire Carers Quality Award (ask Every-One for more details)

CARERS & EMPLOYERS WORKING TOGETHER

It can be difficult to combine work with caring for a family member or friend who could not manage without help due to an illness, disability, mental ill health or substance misuse problem.

YOU ARE NOT ALONE

In the UK there are over 3 million working carers

1 in 9 people in a workforce will be caring for someone who is older, disabled or seriously ill

24% of working carers receive full support from their employer

44% of active carers don't consider themselves to be carers

Two million people have given up work at some point to take on a caring role

1/3 of those juggling work & caring say they've felt lonely at work

400,000 people in the UK work full time and combine it with a caring role of more than 20hrs a week

An understanding employer alongside excellent work place support can benefit: -

THE CARER ... THE CARED FOR... THE EMPLOYER... THE WIDER ECONOMY...

Key Contacts

	Organisations	Telephone	Email	Website
	LCC Carers Service (SERCO)	01522 782224	CarersService@lincolnshire.gov.uk	www.lincolnshire.gov.uk/adult-care/carers/
	Carers First	0300 303 1555	info@carersfirst.org.uk	www.carersfirst.org.uk
	Lincolnshire Young Carers	01522 553275	youngcarers@lincolnshire.gcsx.gov.uk	www.lincolnshire.gov.uk/adult-care/carers/young-carers-and-young-adult-carers
	Every-One	01522 811582	hello@every-one.org.uk	www.every-one.org.uk
	Emergency Duty Team (Out of Hours)	01522 782333		

Contacting Us

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