



February 2021

To whom it may concern

Covid-19 and Caring Responsibilities

This is to confirm that [insert name] is a carer for a family member, friend or neighbour and is supporting a person receiving health and care services, who relies on their help to keep them safe and well.

To help the person they care for, the above-named person may need to:

- leave their home more frequently to provide support
- help with medication
- provide personal care
- help with food and housework
- shop for essential items
- shop for items with the person they care for
- go inside the home of those they provide care for
- [add any additional needs]

This letter has been provided by Lincolnshire County Council and NHS England and Improvement. It has been given to carers identified by Carers FIRST, local health and care services and voluntary sector carer support organisations.

Thank you for understanding the additional demands faced by carers at this time.

Yours sincerely

Glen Garrod 
Executive Director of Adult Care and Community Wellbeing