

Menopause Awareness Session for Men

This project is delivered by Every-One and funded by The National Lottery Community Fund



Calling all men! Would you like to know more about the menopause and how it can affect partners, friends, family and indeed work colleagues?

This online session is to raise awareness of the menopause, its symptoms and how it can make someone on their menopause journey feel. We will also be discussing how you can signpost and access support for yourself and others.

Don't box it up! Join us on one of the dates below and find out more...

APRIL	TUESDAY 14TH APRIL 2026 10.30AM TO 11.30AM
MAY	TUESDAY 12TH MAY 2026 10.30AM TO 11.30AM
JUNE	THURSDAY 11TH JUNE 2026 1.00PM TO 2.00PM
JULY	WEDNESDAY 22ND JULY 2026 12.00PM TO 1.00PM

To book your place visit <https://bit.ly/menomenawareness> or scan the QR code!



Contact Us!



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