

MENOPAUSE cafe



Tuesday 2nd June 2026

Tuesday 7th July 2026

Tuesday 4th August 2026

Tuesday 1st September 2026

The Red Lion, Middle Street, Dunston, LN4 2EW

All the cafes are from 6.00pm to 7.30pm

No need to book, just pop along!

For any queries please don't hesitate to contact
us at meno@every-one.org.uk and we look
forward to seeing you there!

For more information visit our website by
scanning the QR code.



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www.menopausecafe.net

