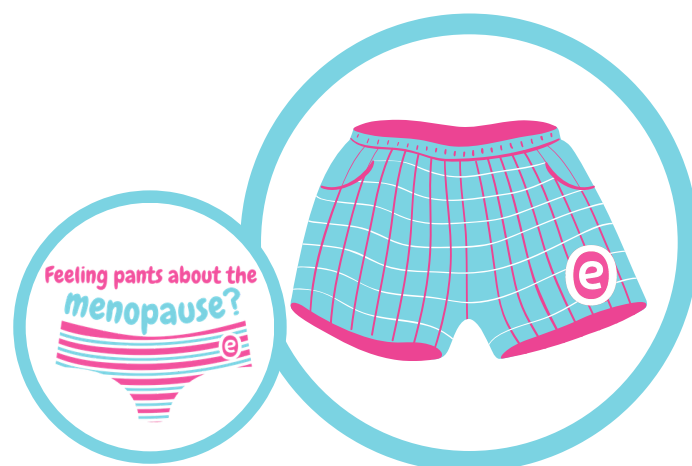


Menopause Awareness Session for Men



Calling all men! Would you like to know more about the menopause and how it can affect partners, friends, family and indeed work colleagues?

This online session is to raise awareness of the menopause, its symptoms and how it can make someone on their menopause journey feel. We will also be discussing how you can signpost and access support for yourself and others.

Don't box it up! Join us for a session on:

SEPTEMBER



WEDNESDAY 2ND SEPTEMBER 2026

2.00PM TO 3.00PM

OCTOBER



THURSDAY 22ND OCTOBER 2026

12.00PM TO 1.00PM

NOVEMBER



THURSDAY 12TH NOVEMBER 2026

2.00PM TO 3.00PM

DECEMBER



WEDNESDAY 16TH DECEMBER 2026

12.00PM TO 1.00PM

JANUARY



WEDNESDAY 20TH JANUARY 2027

11.00AM TO 12.00PM

To book your place visit
www.bit.ly/menandmenoawareness
or scan the QR code!



Contact Us!



meno@every-one.org.uk



www.every-one.org.uk

